

Refresh of Somerset's Local Transformation Plan for Children & Young People's Mental Health & Learning Disabilities

Introduction:

1. Somerset CCG is required by NHS England (NHSE) to “refresh” the 2015-2020 Somerset Local Transformation Plan for Children & Young People's Mental Health & Learning Disabilities (CYP MH/LD). In so doing, Somerset CCG (working with its partners) intends to take the opportunity to review its strategy & commissioned services currently in place in Somerset and to embed the findings into local joint plans. In order to do this, NHSE has agreed to an extension of timescales.
2. The rationale & context for the review is set out in more detail below, but is broadly to ensure that (after a period of some dislocation & challenge) strategic plans and services for CYP MH/LD for Somerset are both fit-for-purpose and in line with those of other local health & care communities.
3. The review will be co-ordinated by an interim Programme Lead, retained by Somerset CCG and funded by a grant from NHS England. The Programme Lead will report to Andrew Keefe, Associate Director, MH & LD Commissioning and Dr Alex Murray, Clinical Lead for MH & LD.
4. In order to ensure that this work supports the Somerset Children & Young People's Plan (CYPP) 2019-2022 the review will report to the Programme Board of Programme 3 (Improving Emotional Health & Well-being) of the Somerset Children's Trust.
5. The review will run for 3 months, commencing on 1 November 2018 and ending on 31 January 2019.
6. Given the scope of the LTP, this review work addresses both the remainder of the current financial year 2018/19 & the financial year 2019-20. However, it will also explore longer-term issues beyond the span of the LTP, i.e. 2020 and beyond, and this will be embedded into the agenda of both the “Fit for My Future” programme and the Children & Young People's Plan 2019-2022.

Rationale & Context:

7. Somerset CCG and its partners have to date (through the LTP) delivered a significant programme of development work & investment in CYP MH/LD services in Somerset, in response to the national policy agenda & funding set out in the Five-Year Forward View for Mental Health (FYFV MH).
8. NHS funding for CYP MH/LD services in Somerset has risen from c£4.0m in 2014/15 (before the LTP started) to c£6.0m in 2018/19. This represents an increase of c50% over 4 years.

9. The FYFV MH funding has permitted Somerset CCG to deliver significant investment into local services, such as a stand-alone Community Eating Disorders Service (CEDS) and an expanded Enhanced Outreach Team (EOT - crisis & home treatment for CYP). The establishment & growth of these services represent significant achievements by the NHS and partner agencies in Somerset.
10. There is an expectation (as yet not fully defined) that future NHS funding growth in 2019-2022 and beyond will include CYP MH/LD as a priority area in terms of access; local services; and crisis resolution & home treatment.
11. However, the financial year 2018/19 has proved particularly challenging for all NHS organisations in Somerset and also for Somerset County Council (SCC), requiring considerable retrenchment from both existing & planned commitments, currently and in the future. Partly as a result of these financial challenges, NHS Somerset CCG (SCCG) was placed in “special measures” by NHS England. At least one service no longer funded by SCC has required funding support by SCCG in order to maintain patient safety – which may in turn require further disinvestment by SCCG. In short, the financial climate for all partners is particularly challenging.
12. In addition, in 2018/19 the scale of growth in need and/or demand for CYP MH services in Somerset became starkly apparent, as did both the pressures upon those services and also concerns re health outcomes. While many of these issues are not local but national (if not international) in scope, the effects upon Somerset and its children & young people could not be ignored.
13. As a result, in April 2018 the CCG convened a multi-agency “Rapid Improvement Event” to consider these difficult issues and to develop a set of short-term responses to sit alongside the long-term developments sponsored by the LTP. These have been (in large part) worked-through and implemented.
14. In 2018/19, NHS England published a comprehensive set of Key Lines of Enquiry (KLOEs) for assessment of LTP submissions. These KLOEs provide a template for a “fit for purpose” CYP MH/LD system.
15. Therefore, notwithstanding the achievements to date, there is now a need to review CYP MH/LD strategy and services currently in place in Somerset – and the NHSE KLOEs previously referred to provide a suitable template. Reasons for this review include:
 - Financial pressures upon NHS & Local Authorities in Somerset;
 - Growth in need and/or demand for CYP MH/LD services in Somerset, combined with concern about relevant health outcomes; &
 - The development of an overarching & integrated Health & Social Care Strategy for Somerset (Fit for My Future) and the next iteration of the Somerset CYPP.

Partnership Planning & Working:

16. It is acknowledged that the LTP is a plan which (in its initial iteration) pre-dated the Somerset CYPP 2016-2019; and also that effective partnership working requires joint planning & commissioning. Therefore, Somerset CCG has committed to conducting this review in partnership using existing partnership arrangements.
17. Somerset CCG is an active member of the Somerset Children's Trust (SCT) & in 2018 the SCT Chair is the CCG Director of Quality & Safety (also SCCG Lead Director for Children). SCT's work programme - set out in the Somerset Children and Young People's Plan (CYPP) - includes a programme for Improving Emotional Health & Wellbeing (EHWB). This programme board will oversee & deliver the review and ensure it is embedded into the next iteration of the CYPP.
18. Finally, as a continuation of strategic planning and development of health & social care in Somerset begun by the Sustainability & Transformation Plan, work has commenced on an integrated Health & Care (H&C) Strategy, called "Fit for My Future". This work will encompass CYP MH/LD albeit through two overlapping workstreams, each with a service development collaborative: children & maternity; and mental health & learning disabilities. Therefore, a key challenge for the review work will be to ensure that the LTP's achievements, aspirations and legacies are incorporated into future plans for services in Somerset by the FFMF strategy and its governing structures.

Consultation & Engagement:

19. The LTP has benefited from extensive local consultation & engagement through its lifespan, and this is acknowledged by NHS England. As such, the refresh builds on sound foundations.
20. The Children's Trust has recently conducted an extensive programme of engagement in preparation for the next iteration of the Somerset CYPP. The refresh & review will both be informed by the findings of that work.
21. Similarly, the Fit for My Future programme has conducted an extensive programme of engagement, by which the review will be informed.
22. The Programme Board includes a range of partner representatives, including a member of the Scrutiny Committee and a representative of the Parent Carer Forum.

Review Products:

23. It is envisaged that the review will deliver the following products:

**Strategic Review of CYP MH/LD Services
NHS Somerset CCG**

- a (remainder) 2018/19 Action Plan for Programme 3 (Improving CYP Emotional Health & Well-being) of the Somerset Children & Young People's Plan (CYPP) by Friday 30 November 2018;
- a "refreshed" CYP-friendly Local Transformation Plan (LTP) for Children & Young People's Mental Health (CYP MH) services in Somerset, 2015-2020 by 31 January 2019, as agreed with NHS England;
- a comprehensive blueprint for future CYP MH/LD strategy & service development in Somerset, to be adopted by work-streams & service development collaboratives and/or improvement boards within the "Fit for my Future" programme and Somerset Children's Trust, by 31 January 2019.

24. It is envisaged that the blueprint will address the following key areas:

- Adopting the THRIVE philosophy (in place of Tiers 1-4) and applying the i-THRIVE methodology for embedding THRIVE in CYPMH services;
- Meeting the "access challenge" for NHS funded community services, i.e. increasing the number of contacts with CYP needing MH support;
- Establishing integrated (hospital-based & community-based) response to children in crisis, building upon existing arrangements & services;
- Developing a set of Local Wellbeing Networks to provide evidence-based emotional well-being support to CYP within their local communities in Somerset; &
- Supporting schools in Somerset by establishing School Support teams, as set out in the Green Paper for CYPMH services.

25. The refreshed LTP will be presented in full to the Scrutiny Committee in February 2019.

Conclusion:

26. The Committee is asked to note this report and the proposed refresh of the Local Transformation Plan for CYP MH/LD services in Somerset.

27. The Committee is asked to consider how it would like to be engaged with the review work set out above.

James Slater
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